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## Chiropractic Week: Be aware of your body, says local

All week chiropractors across Australia have been celebrating and promoting the benefits of chiropractic care.

National Chiropractic Week began on Monday and has been designed to raise awareness of important health issues affecting Australians and how chiropractic care plays a vital role in fostering wellness.

Dr Cherie Haigh, of C&C Chiropractic Clinic in Berri and Renmark, said chiropractic care could benefit many people, with a varied range of conditions.

She said chiropractic care could be a positive experience for local community members, striving to get the best out of their bodies.

"People come to see us with a whole range of conditions," Cherie said.

"Some people experience back pain, dizziness, headaches, neck pain and even problems sleeping.

"These symptoms present not as the problem, but as a sign of an underlying cause."

Dr Haigh said to celebrate National Chiropractic Week C&C Chiropractic clinic would be taking 10 per cent off the price of Complete Sleeper pillows.

"The pillows help to prevent neck problems and maintain the correct alignment of the spines," she added.

The offer will continue until Friday, May 29.

For more information about the benefits of chiropractic care, or to take advantage of the Complete Sleeper offer, call the Renmark office on 8586 6824 or visit your local C&C Chiropractic clinic.